

CANADIAN CHINESE INSURANCE PROFESSIONALS ASSOCIATION



CCIPA NEWSLETTER 加華保險專業協會

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Inside This Issue

- 1 Upcoming Events/ New Board Member
- 2 Newsletter Editor's Message
- 2 Past Events Report / Members' Corner
- 3 Articles / Industry events
- 4 Message from the President

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Opinions expressed are those of the authors and do not necessarily reflect the views nor the endorsement of CCIPA.

Upcoming Events

Please mark your calendar for the upcoming events. Listed below are a few of many upcoming seminars and fun events. Please stay tuned for further registration details. We look forward to seeing you at all upcoming events.

RIBO Seminar and RIBO CEO meet and greet- September 14th, 2017 – 3:30PM to 6:30PM

Location: Excess Underwriting 7100 Woodbine Avenue Suite 320 Markham ON L3R 5J2

Patrick Ballantyne, CEO of RIBO will be providing an update to changes at RIBO and how this apply to insurance brokers also to offer an opportunity for the broker community to meet him and ask questions.

Topic: Wrestling with Restaurants (1.5 hours)

Presented by Nicole LeBlanc, CIP, CRM, Loss Prevention Manager of Intact Insurance

Wrestling with Restaurants is an informative presentation will discuss options available for commercial restaurant fire protection, duct cleaning and code requirements including the ULC 1254.6.

Topic: Fires Protection for Korean BBQ Restaurants (0.5 hours)

Seminar will expand on the Wrestling with Restaurants presentation to discuss fire protection application specifically for Korean BBQ and hot pot type restaurants.


CCIPA Annual Christmas Ball

Location: Edward Village Hotel – 50 East Valhalla Dr, Markham, ON L3R 0A3

Join CCIPA at our Annual Christmas Ball. We will be having a delicious Dinner with our famous raffle draw which never disappoints. Celebrate the holidays with friends, family and your industry peers in a magical evening!

• MERRY •
CHRISTMAS

EDWARD HOTEL Markham
50 East Valhalla Dr, Markham, ON L3R 0A3
December 1, 2017
Reception: 6pm, Dinner: 7pm
Cost: \$90 per person, Early Bird Special \$640/ table 8ppt
Please R.S.V.P. By 15th of November

 Canadian Chinese Insurance Professionals Association
加華保險專業協會

Newsletter Editor's Message

Dear Members and Friends,

We have recently welcomed Corey Chan who has been elected as CCIPA's newest President. Corey has joined the Board of Director recently and has already made a major impact and I am sure he will bring a lot of great ideas this term! Also, thank you Jenny Chow, our Immediate Past President, for all your contribution in the past term and we look forward to continuing having you on our Board!

It was great seeing everyone at the CCIPA Annual Golf Tournament and the AGM was a complete success! Recently, our golf tournament reached a record number of guests. One special guest was also present this year. We had the honour of having Colin Simpson, CEO from IBAO, join us for our dinner. CCIPA was also recognized in the IBAO newsletter.

Otis Wong
Editor
DGA Careers

Member's Corner

CCIPA invites and encourages all interested individuals, affiliated or working within the insurance industry, to join our insurance professional community network. Please introduce the CCIPA to your peers and contact our board directors for further details. The membership application form can also be downloaded from our website.

If anyone has any comments or suggestions, please do not hesitate to let us know!

Please note membership renewals are due! Visit www.ccipa.com to renew your membership!

Welcome New Members

Corporate members from Chat Insurance Services Inc.

Akiyo He , Ella Yan, Daniel Lau , Irena Liu, Jackey Yan, Peter Lee , Rachel Wu & Sophie Wang

Individual members

Edmond Lau & Agnes Wong from Guthrie Insurance Brokers Ltd.

Katina Lee from Ensuro Insurance Group Inc.

Past Events

Annual General Meeting

CCIPA hosted its AGM at Elegant Chinese Restaurant and Banquet on June 23rd. During the meeting, Cory Chan was elected as the new CCIPA President.

CCIPA Annual Golf Tournament

On July 10th at Station Creek Station Creek Golf Club, the CCIPA hosted its annual Golf Tournament with many new and old faces attending, breaking our attendance numbers. A great day for us who just dodged the rain! We got a visit from the CEO of IBAO who has shown great support for our association and many golfers got to take home a prize from the raffle!

We want to thank everyone for their generous donation. With everyone's help, the CCIPA was able to raise \$8000 for Mon Sheong Foundation. The check presentation will be on live TV September 10th!

Congratulations to our Winning foursome:

Brendan Li
Danny Marques
Mark Morilla
Steve Lee

CCIPA also wants to congratulate all the winners including: Longest drive, closest to the pin and straightest line. See you all next year!

Congratulations to our New President: Corey Chan

First off, please join me in thanking Jenny Chow for her last 2 years as President of the CCIPA. Jenny has contributed a significant amount of time and energy to grow our association. Jenny will now serve the CCIPA as our immediate past President.

The board is pleased to announce that Corey Chan has been elected to serve as President for the next term.



Corey began his insurance journey back in 1984 on the life side with Sovereign Life Insurance Company. His general career started in May 1985. Corey is currently the Managing Director, Public Relations & Communication at BrokerTeam Insurance Solutions Inc. which with 4 other partners back in 2005. He is excited to be part of the association and is looking forward to finding new ways to grow the CCIPA brand across the industry.

Industry events:

August 29th - Insurance Canada - Executive Forum– Sheraton Centre Toronto Hotel

Join local executives who will present interesting topics revolving around insurance and technology

Sept 28th - Broker bash and Professional Helping Professional Clothing drive - The Fifth Terrace

October 25-26th IBAO Convention – Shaw Center and Westin Ottawa Hotel

Join your industry brokers and underwriters at the Annual IBAO Convention. This year the convention will be held in Ottawa

Featured Article: How To Achieve Work-Life Balance Before 9 AM Every Day

Gone are the days of punching a time card, and fully leaving work at work. Today, most people are connected to their work and accessible 24/7. Work culture has evolved, and in turn, the idea of work-life balance has evolved. More and more [millennials define work-life balance](#) in a way that's synonymous with [work-life integration](#). Meaning they have the ability to move between the two worlds freely. Allowing them to remain totally present with whatever task is on hand.

I prefer to not get caught up in the semantics of work-life balance versus work-life integration, but will instead focus on creating balance by spending time on tasks that rejuvenate the soul, increase productivity, and make me my best self. If I feel off balance, that means I can't be present in all areas of my life. Instead of hitting the snooze button, or mindlessly wasting the morning, try these seven tips for achieving balance before 9 am each day.

1. Prepare the night before. Set yourself up for a successful morning by preparing the night before. Nick Newsom, CEO of [Ytel](#), explains, "my morning actually starts the night before. I try to go to bed having everything done and my next day planned. Then when the next morning comes around, I wake up and look at my wife and kids in the eyes and tell them I love them." By getting the "housekeeping" items out of the way, you can maximize the feeling of balance as soon as our day starts. This might look like spending it with people you love or doing something you love to rejuvenate your spirit.

2. Move. Most people are stuck sitting in a desk for eight or more hours each day, so use this time wisely to counteract the harmful effects of sitting all day by engaging in some cardio or stretching it out. It's no secret that exercise has plenty of [benefits](#), including improving your mood and boosting your energy. Resist the urge to stay in bed the extra five minutes and opt for a morning work out or stretch by placing your alarm clock on the opposite side of the room as your bed. If that's not enough motivation for you, pre-plan what stretches or workouts you will do the night before to increase the likelihood of actually following through.

3. Set boundaries. Mornings can easily develop a "hustle and bustle" feel, especially if you live with family. Trying to get lunches packed, or carpools coordinated can make the morning feel like more work, rather than a fresh start. Focus on setting boundaries and cultivating "me time." Instead of waking up other members in your household or checking emails and text messages as soon as you rise, set your alarm for 15 minutes earlier. Use that quiet time to enjoy your morning coffee and crossword puzzle alone before inviting the world. Protect this time for yourself. Other ideas for protecting your personal time in the morning could be creating a "closed door" bathroom policy to prevent others from coming into your space or leaving your phone with your car keys so you don't get distracted by work-related things popping up.

4. Ditch mindless activities. If you're strategizing your morning to create greater balance in your life, then [make every moment earn its place in your routine](#). Ask yourself, "What value is this activity adding to my life?" If you can't think of anything substantial then let it go. Every activity you engage in during the morning should either boost your mood, energy level, or groundedness. Be intentional with your time; external demands will have their reign shortly.

5. Laugh. "Laughter is the best medicine," [according to the Mayo Clinic](#). It has countless health benefits too. Find a way to get a laugh in each morning. Whether it's watching a favorite television show, funny video on social media, or with friends or family. If you find yourself pressed for time, try combining laughter and movement by doing [laughter yoga](#).

[Rachel Ritlop](#), Forbes Contributor

<https://www.forbes.com/sites/rachelritlop/2017/06/29/achieve-work-life-balance-every-morning/#718fe25e61b5>

Message from the President

Dear CCIPA Members and Friends,

As the newly elected President of the CCIPA, I have high expectation and ambition on what the association can contribute and accomplish as an organization focused on promoting insurance best practices. In view of the number of Chinese brokerages in Ontario, the CCIPA members we currently have do not reflect an optimum participation. I hope we can boost membership and inspire increased involvement through various promotional activities; as well by offering special perks and benefits to members. The goal is to increase our presence within the industry, utilizing the association as a platform for Chinese brokerages to voice our concerns and be heard. Other than our focus on the insurance industry, it is also my aspiration to direct some of our efforts in helping those that are less privileged in our community. Be it in the form of hosting charity events or simply contributing our time towards meaningful causes, it would be our way of giving back to society within the community we serve.

Corey Chan,

President, CCIPA



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